

UPlift: UPCEA Mentoring Experience Program

Member Virtual Information Session
January 10, 2023

UPCEA Team

UPCEA

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What is UPlift: UPCEA Mentoring Experience Program?

UPlift is a virtual mentoring community that offers UPCEA members the opportunity to have a peer mentor to support them personally and professionally.



100

Mentorships



Engagement



Impact

Every Member Deserves a Mentor

UPCEA has partnered with Mentor Collective to offer UPCEA members a peer mentor within the UPlift UPCEA program.



Mentor Collective onboards and trains mentors



MC matches interested participants with mentors who share interests, experiences and preferences



Mentor Collective guides the relationship through text and email check-ins

Mentor Collective Team



Tiffany Wiggins, PhD
Senior Program Success Manager



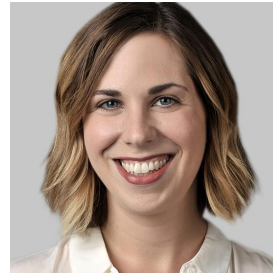
Laura Maguire
Partner Relations Director

Welcome to The Collective

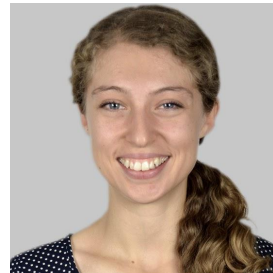
We are excited to bring personalized, high-impact mentorship to your employees.

Benefit from MC's experience creating and supporting 700+ mentorship programs with varying needs and goals.





150+ partners



THE RHODES LAB



A Collective Mission

- Mentorship Experts
- Partner Institutions
- Mentorship Scholars & Institutes
- Mission-Aligned Investors

A group of mentorship-driven experts and institutions dedicated to bringing the best out of people through mentorship.

Benefits of Joining the UPlift Program

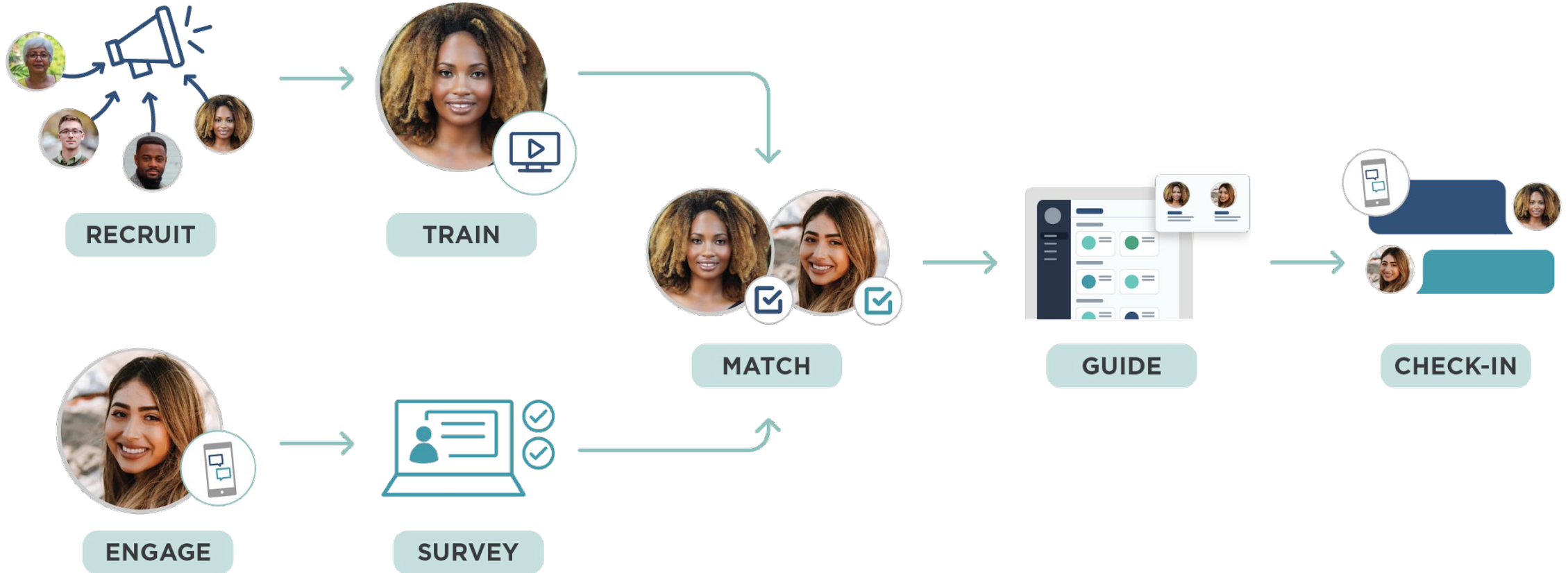
MENTEES

- Expand your professional network
- Build your leadership skills
- Hear different experiences, insights and knowledge
- Accelerate your professional development

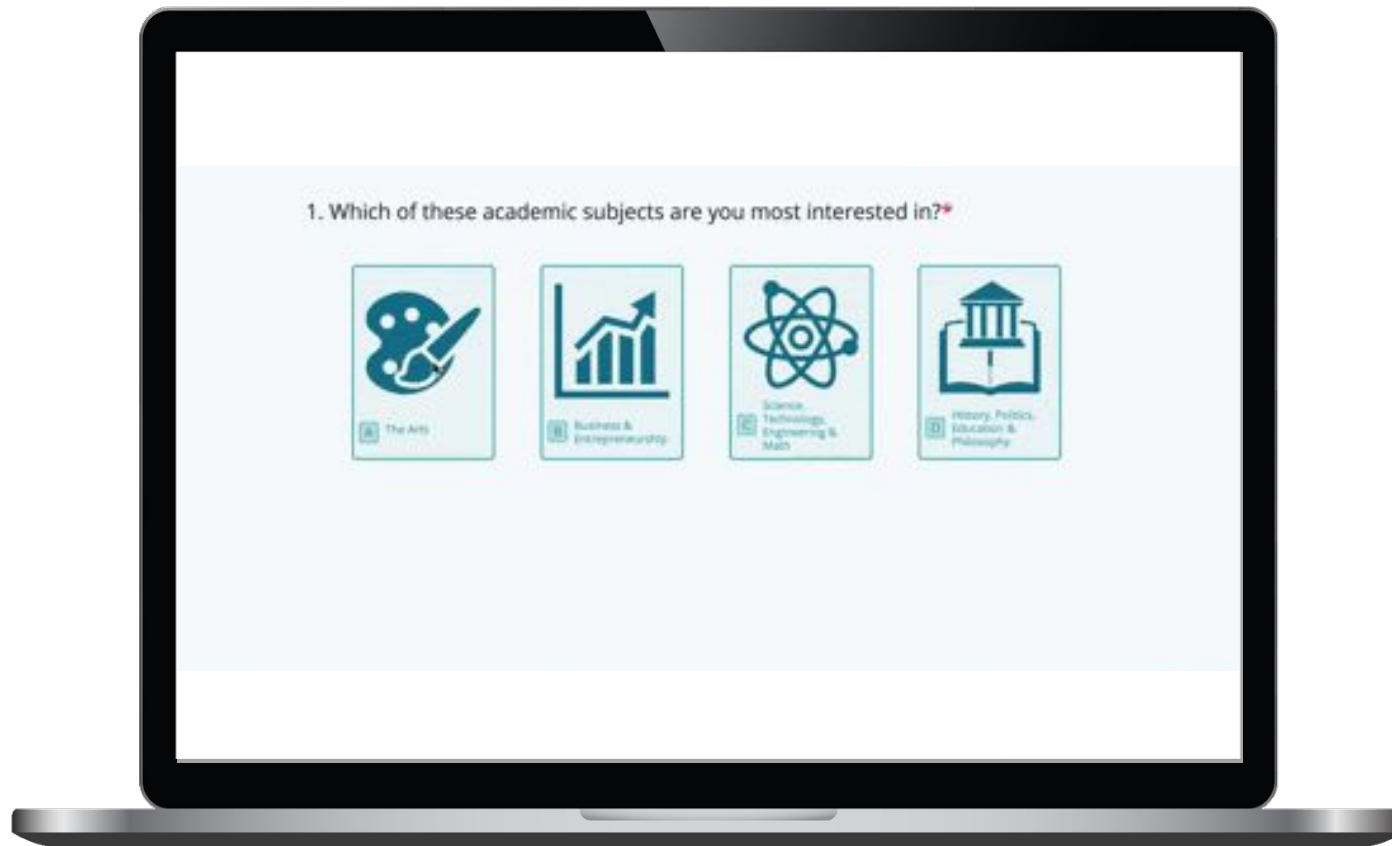
MENTORS

- Personal satisfaction that comes from giving back
- Elevate professionals
- Hear new perspectives
- Deeper appreciation for the value you have to offer
- Demonstrate leadership skills
- Build authentic relationships
- Sense of community and belonging

Program Operations



Make a Relevant Match



MC's matching surveys, taken by both mentees and mentors, are unique to specific program design goals.

Most importantly, our process gives agency to the **mentee** in determining what they want most in a mentor.

Unlike standard software alone, MC uses a unique model of both algorithms and matching specialists to establish the strongest possible matches.

The survey will ask you about your career experiences, life experiences, hobbies and interests, availability, preferred method of communication, the number of mentees you're able to support, and more.

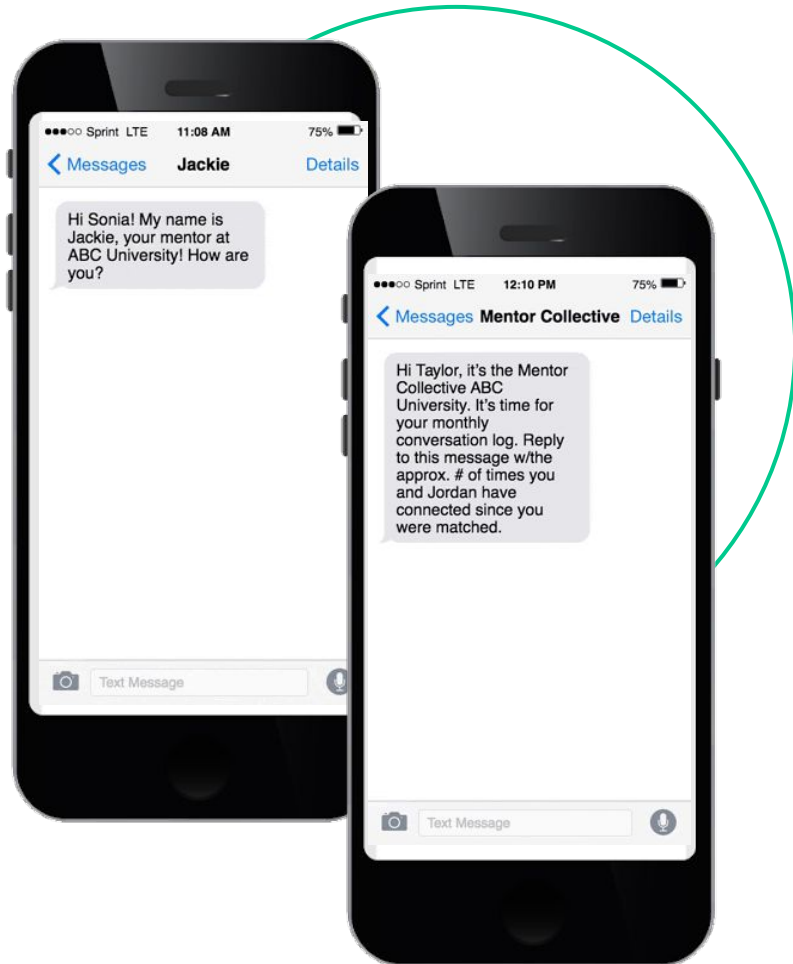
Mentor Collective Mentor Training



Equipping mentors for successful relationships:

- On-demand mentor training
- Mentor Collective mentor training covers:
 - Role of a Mentor
 - Program expectations
 - Logistics/Navigating MC Platform
 - Self-efficacy and help-seeking behavior concepts, and
 - How to best leverage Mentee Success Plans.

Text-based Engagement



MC's Texting Line seamlessly connects mentor and mentee without having to exchange personal phone numbers.

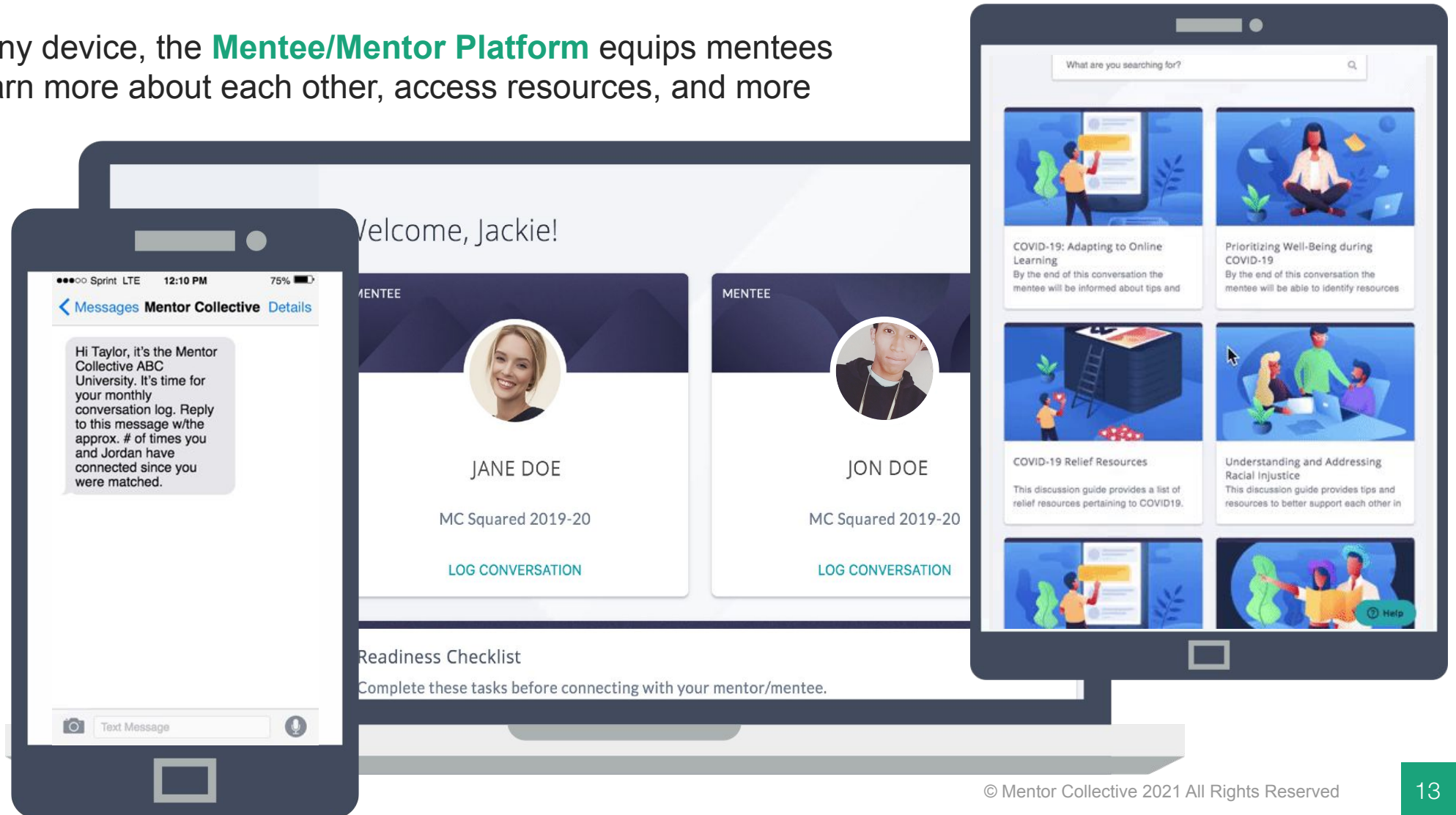
The Text Chatbot sends mentees and mentors important reminders, and allows administrators to send customized messages related to events, UPCEA activities, or important updates.

Your Mentor/Mentee Relationship

Discussion Guides surface key topics and relevant resources

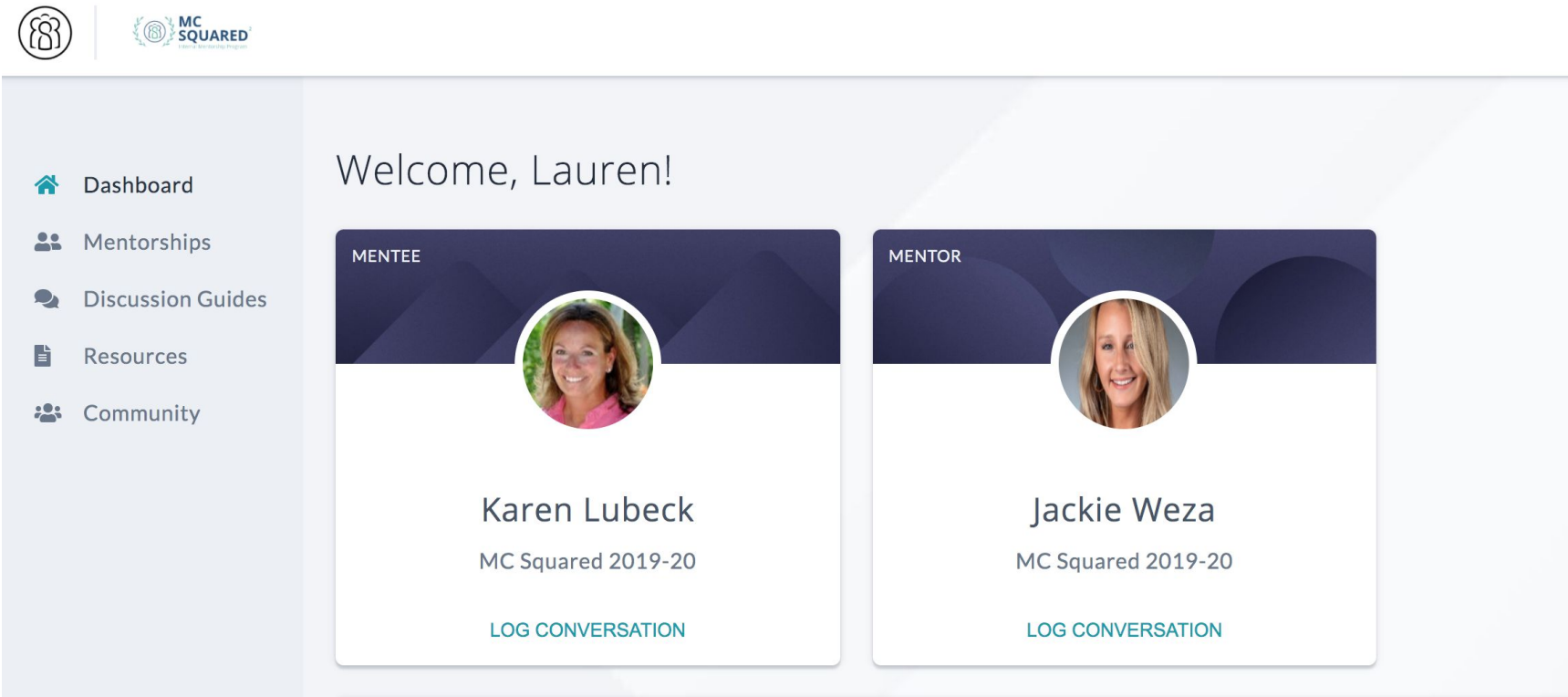
Accessible by any device, the **Mentee/Mentor Platform** equips mentees and mentors learn more about each other, access resources, and more

MC's **Text Chatbot** sends mentees and mentors important reminders

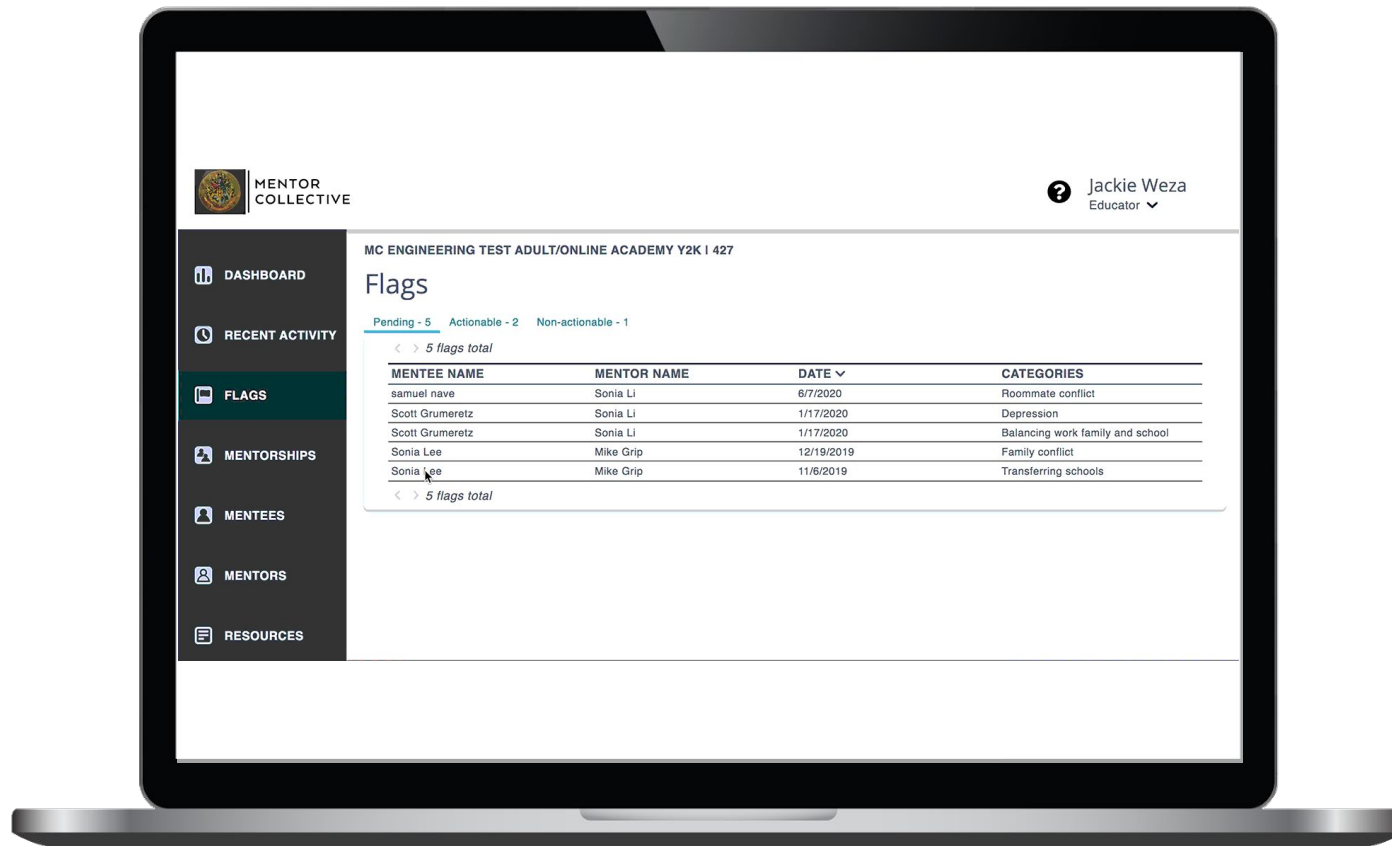


Mentor Collective Dashboard

Once you've signed up, you will have access to the **Mentor Collective Dashboard**, which houses contact information, your registration checklist, discussion guides, helpful articles, and MC community updates.



The Power of Flags



Insight Flags from mentors alert program administrators when a mentee needs more information about UPCEA.

With this feature, mentors can:

- Ensure your mentees receive the help they need from the right resources.

You will learn more about the expectations for flags as well as your roles and responsibilities in your mentor training!

Who will serve as a mentor?

A mentor in the **UPlift program** is an experienced UPCEA member who volunteers to provide **one-on-one support to their UPlift colleagues through peer mentorship.**

Mentors will be trained to provide support to their mentee(s) on professional, personal, and workplace matters.

What does a mentor do?

- **Share your experience as a colleague and industry-professional.** Offer **insight** and suggest the **best way** to achieve their goals
- Motivate mentees to be the best version of themselves and serve as a **trusted peer** for their time in the program, within their career, and beyond.
- **Share opportunities** to take advantage of such as conference participation, professional development programs, webinars, coffee chats, and scholarship programs
- Giving **tips on organization, career nuances, and practical life experiences**
- Help mentee(s) with **balancing work and life**

What does a mentee do?

- **Meet with your mentor at least once a month**
- **Share your experience as a colleague and industry-professional.** Mentees and mentors can learn from one another.
- **Ask specific questions and/or approach each meeting with a topic in mind.**
Ask your mentor about their experiences and how they navigated challenges, overcame adversity, or pursued a new goal.
- **Share opportunities** to take advantage of (possibly together), such as conference participation, professional development programs, webinars, coffee chats, and scholarship programs

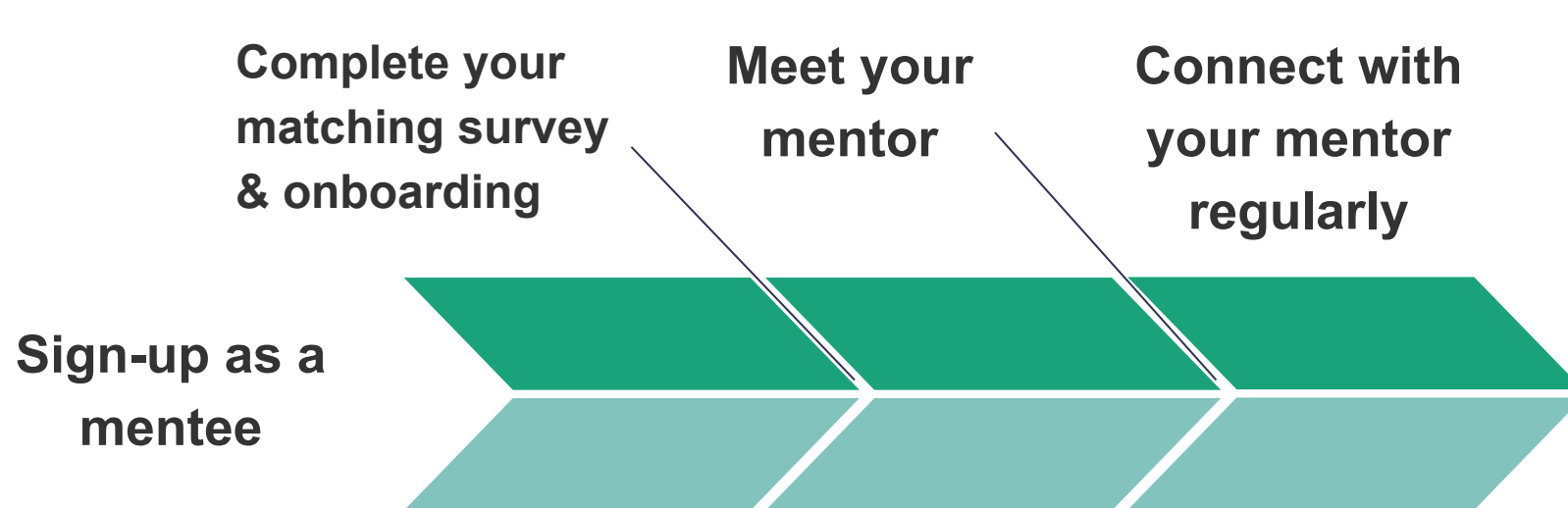
Participant expectations for the UPlift program

- Communicate **at least once a month**
- Connect via in person, text, phone, and/or video (*you decide!*)
- Log conversations and/or flags in the MC platform

Program Launch Timeline

	ACTIVITY
JANUARY	UPLift Information Session Interested members complete Interest Form
FEBRUARY	Mentee & Mentor Recruitment & Onboarding
MARCH	Mentors & Mentees get matched
APRIL	Participant Engagement
MAY	<ul style="list-style-type: none">• Mentors and mentees connecting monthly• Implementing/utilizing resources and Discussion Guides• Logging conversations• Mentors submitting flags (as needed)• Completing post-session surveys
JUNE	
JULY	
AUGUST	End of program virtual event & evaluations Program concludes

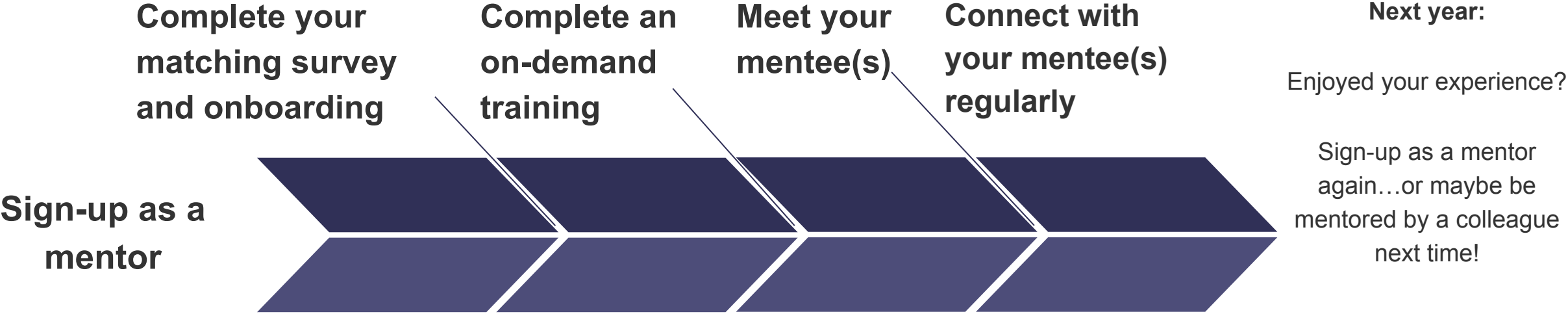
Mentee's Timeline



Next year:

Liked your experience?
Sign-up as a mentor next time & encourage others to participate!

Mentor's Timeline



How to Participate in UPlift 2023?

- Go to www.upcea.edu/uplift for more information
- Complete Interest Form by **January 18, 2023**
- Interested mentors and mentees will be **invited** via email to sign-up for program using a provided **registration** link
- Mentors & mentees will complete **onboarding** tasks
 - Mentors will complete matching survey and complete mentor training
 - Mentees will complete matching survey
- **Matching** begins in early March

Questions??

For questions about **UPLift: UPCEA Mentoring Experience program**,
contact:

Melissa Peraino, UPCEA

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For questions about **Mentor Collective**, contact:

Tiffany Wiggins, PhD

tiffany@mentorcollective.org

